

ARE YOU WALKING INDIVIDUALLY?

Here is what you need to know about Global Diabetes Walk

WHAT IS IT?

It's a Walk organised each year to raise awareness of diabetes. You can Walk alone or with friends, at home or in public spaces. You decide.



WHEN IS IT?

November 2021. You can choose one specific day, like World Diabetes Day on November 14, or walk multiple days.

WHY SHOULD I WALK?

To receive a digital certificate from World Diabetes Foundation, of course, and spread awareness about the importance of diabetes prevention and care.



HOW DO I SIGN UP?

Visit worlddiabetesfoundation.org or send an email to zudw@worlddiabetesfoundation.org.