

2025 COPENHAGEN CALL TO ACTION ON TYPE 1 DIABETES

On 4 to 6 February 2025 an international meeting took place in Copenhagen Denmark under the title :

Type 1 diabetes – Advancing a global road map for improved and integrated care in low-resource settings

The international meeting on type 1 diabetes was held in the context of the WHO Global Diabetes Compact and the global diabetes coverage targets to be achieved by 2030.

We, participants of the meeting, who are engaged in type 1 diabetes care, research, advocacy, policymaking, awareness raising, education, psycho-social support, or other related fields; And/or, who are people living with type 1 diabetes;

1. Express our concern that many people living with type 1 diabetes in low-resource settings are not accessing care as required, including insulin and glucose monitoring devices, and risk increased morbidity and mortality due to poorly controlled blood glucose;
2. Express our concern that type 1 diabetes has been less prioritised in global health, development, and research agendas, and as part of the evolving non-communicable disease (NCD) agenda due to its lower prevalence compared to other NCDs;
3. Express our concern that initiatives to improve type 1 diabetes care in low-resource settings may have been insufficiently integrated, aligned or coordinated with wider health system processes;
4. Express our concern that globally an estimated nine million people are living with type 1 diabetes and with the majority in low- and middle-income countries, but that the true burden and epidemiology in these settings is largely unknown.

We, participants of the meeting, therefore commit to the following actions:

5. Enhance multistakeholder collaboration at local, national, regional, and international levels, aiming to expand and improve type 1 diabetes care in low-resource settings through convergence, synergies and scale-up of investment;
6. Accelerate processes towards sustainable and equitable modalities for access to type 1 diabetes care recognising the multitude of health care delivery systems across low-resource settings worldwide and the specificities of accessing care in humanitarian settings;
7. Develop innovative research and data collection systems, involving a wide range of stakeholders, including the active engagement of people with lived type 1 diabetes experience to address the WHO Prioritised Research Agenda, and other research workstreams, to fill existing gaps in our knowledge;

8. Ensure the meaningful and equal inclusion of people living with type 1 diabetes into processes at local, national, regional and global levels concerning access to care, while recognising the multitude of engagement mechanisms across low-resource settings worldwide;

9. Advance a global community open to all stakeholders working in the field of type 1 diabetes with the aspiration to share knowledge, establish new collaborations, build bridges across sectors, and thereby further uniting our efforts to improve type 1 diabetes care.

Copenhagen, Denmark 6 February 2025.

Supported by the following participants and organisations represented at the meeting: