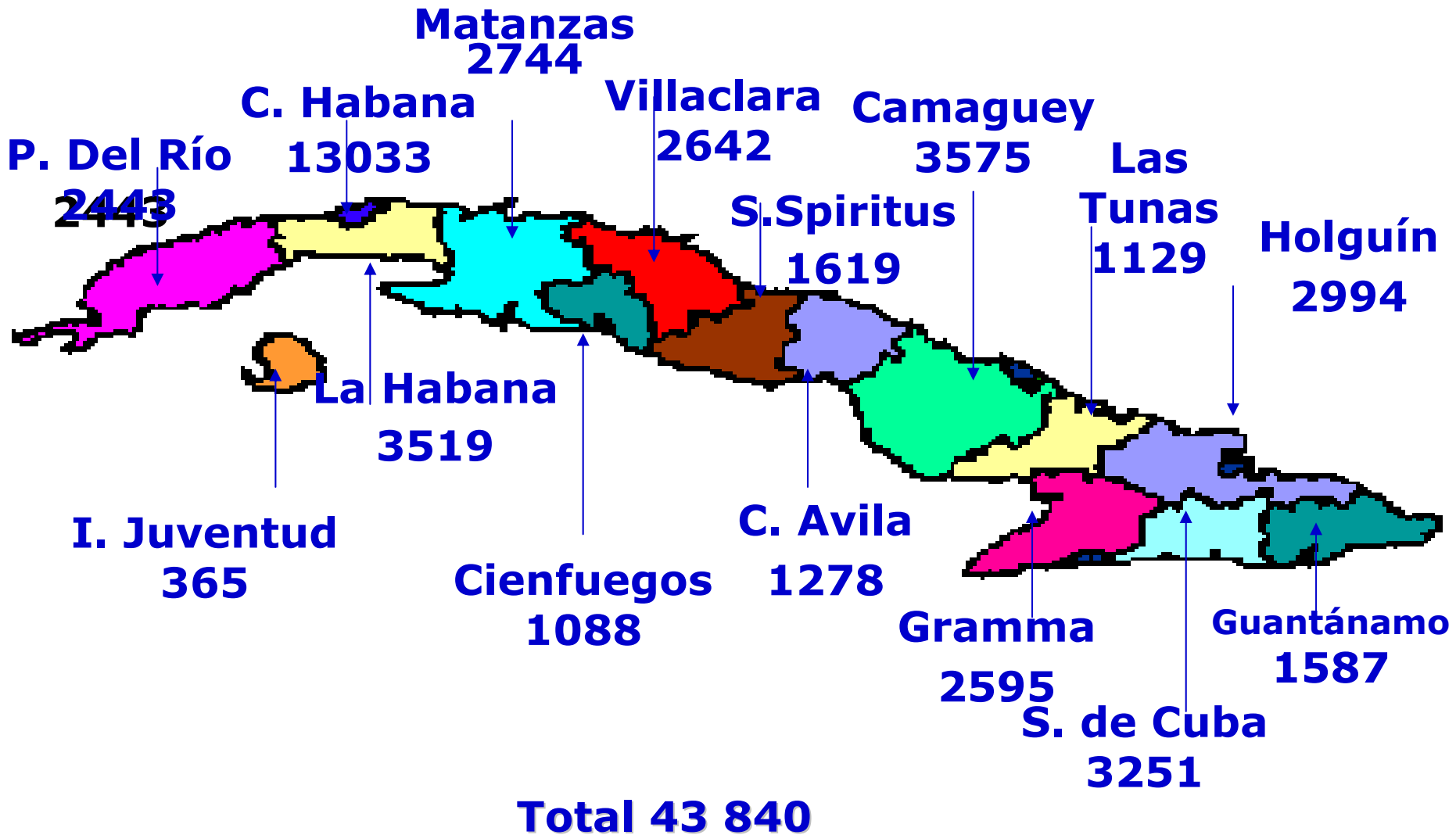


National Programm of Diabetes in Pregnancy

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***Diabetic Women in Childbearing age
(15 - 45 years)***

Goals

- ↪ To ensure the optimum work of the Services of Diabetes and Pregnancy network , so that the population, nation wide may have total access to these services with an optimal level of attention.
- ↪ To reduce the perinatal mortality of the children born to diabetic mothers to values similar to or lower than those of the general population of the country.

Goals

- ↪ To have the medical records and follow-up of the 95% of diabetic women in child bearing age at the national level.
- ↪ To develop educational activities on Diabetes and Pregnancy addressed to the patients, their relatives and the general population in the totality of the health areas.

Goals

- ↪ To increase the screening of the gestational diabetes in the country.
- ↪ To create popular education materials about Diabetes and Pregnancy for national distribution.

Medical Steps that Patients must do during the Activity

Central Service of Diabetes and Pregnancy

Provincial Services of Diabetes and Pregnancy (23)

Provincial Medical Office of Reproductive Health in Diabetes (23)

Municipal Medical Offices of Reproductive Risk (169)

By diabetic women own decision

Sent by Family Doctors

Sent by Different Types of Medical Offices

Objectives

- Set up Diabetes and Pregnancy Services for proper management of all diabetic patients in the pre-gestational stage, during pregnancy and after delivery, comprising pre-conceptual and neonatal care**

Objectives

→ To guarantee the care of all pre-gestational and gestational diabetes patients in those services and by these means to reduce the morbidity and mortality of the children, mainly congenital malformations to achieve the same level as the general population

Objectives

- To guarantee the active search and further treatment of gestational diabetes attending to the frequency of risk factors.**
- To carry out a National Educational Campaign on Diabetes and Pregnancy focused on physicians, paramedic personnel, patients and also the general population by means of the use of seminaries, workshops, scientific publications and through the media**

Results of the first five years

Births from Mothers with Pregestational Diabetes - 1466

**Good Metabolic control - 691 patients
(47.1%)**

↳ **Malformations - (6) 0.86%**

↳ **Perinatal Mortality - (5) 0.72%**

**Without Metabolic control -775 patients
(52,9%)**

↳ **Malformations - (62) 8,0%**

↳ **Perinatal Mortality - (52) 6.71%**

Conclusions

⇒ *Our experience during these first five years has demonstrated the feasibility of a Programm for the attention of diabetic pregnant women since the conception in order to obtain a successful outcome*