



Programme

Diabetes Press Summit **Africa**

Kenya, 27th – 28th June 2007



WORLD **DIABETES** FOUNDATION



Ministry of Health
Kenya



International Diabetes Federation
African Region

Welcome

Diabetes is one of the most significant public health challenges that we face in the 21st century. It and other similar chronic diseases are already taking a huge toll on human health and resources, yet they continue to be neglected by States, individuals, communities, developmental aid and funding agencies.

The World Diabetes Foundation (WDF) is dedicated to supporting prevention and treatment of diabetes in the developing world. The WDF was launched in 2002 with the primary objective of preventing and improving the care of people with diabetes in the poorest countries through funding sustainable projects within the fields of awareness and advocacy; building healthcare capacity, and enhancement of detection, treatment and monitoring.

The WDF, in collaboration with the Ministry of Health, Kenya, the World Health Organization Regional Office for Africa, and the International Diabetes Federation (IDF), Africa, would like to welcome you to this Diabetes Summit in Nairobi, Kenya.

The aim of this summit is to highlight the rising prevalence of diabetes and its complications in the developing world in general and Africa in particular; to discuss issues related to prevention and care and debate who is responsible for what – individual, community, state etc; to develop strategies to reduce the socio-economic burden of diabetes; to show, using examples of ongoing WDF projects, what is being done; and to create a network of committed global and regional key opinion leaders who can drive the agenda on diabetes prevention and care in Africa. The summit will encourage governments in Africa, policy makers, and funding bodies to initiate and support much-needed sustainable local programmes for diabetes prevention and care as entry points which can evolve over time into more comprehensive complementary non-communicable disease (NCD) programmes.

The WDF has put together a high-level panel for a discussion and an open-forum session during the summit. Delegates will be able to ask panel members questions on diabetes prevention, care and education and hear them debating relevant issues. The panel will consist of those involved in policy planning, implementation and development assistance, as well as bilateral and multilateral donors and other key diabetes stakeholders in Africa.

This summit is the first major diabetes event in Africa following the adoption of the United Nations (UN) Resolution on Diabetes; it therefore provides stakeholders in Africa with an interesting platform and opportunity to show their commitment to the cause of NCDs and diabetes in particular.

We anticipate a very stimulating and enjoyable meeting.

World Diabetes Foundation

16:00	Press briefing to media participants and editors	
	Welcome	TBA Ministry of Health, Kenya
16:10	Presentation from the World Diabetes Foundation	Professor Pierre Lefèbvre Chairman World Diabetes Foundation
16:30	The burden of chronic diseases in africa	Dr David Okello WHO Country Representative
16:50	Social and economic burden of diabetes	Dr Anil Kapur Managing Director World Diabetes Foundation
17:10	Clinical services in Africa	Dr Kaushik Ramaiya Vice President International Diabetes Federation and member of the Board of Directors World Diabetes Foundation
17:30	Presentation of the diabetes education programme in Kenya World Diabetes Foundation, Ministry of health, Kenya and Kenya Diabetes Management and Information Centre	Dr Eva Njenga Kenya Diabetes Management and Information Centre and Chairman Kenya Diabetes Study Group Eva Muchemi Kenya Diabetes Management and Information Centre
18:00	Q&A session	
18:20	Refreshments in the lounge	
19:30	Dinner	
21:00	Interview preparation for the field visit Arrange and coordinate interviews between key spokespeople and journalists directly following the media tour of diabetes clinics in Nairobi	Mr Jamal Butt Communication Manager, World Diabetes Foundation Ms Priya Banerjee Biosector 2

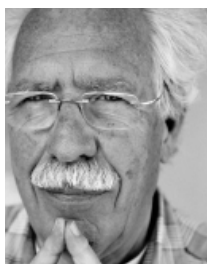
DAY 2 **Thursday 28th June 2007**

08:00	Breakfast
08:30 – 18:00	Departure from Safari Park Hotel Field visit organised by Ministry of Health in Kenya and Kenya Diabetes Management & Information Centre and the World Diabetes Foundation
08:30	Coach will leave from the Safari Park Hotel
10:00	Arrival at Naivasha District Hospital
10:10 – 10:45	Meeting with Dr P. Okoth, Naivasha District Hospital, and staff
10:10 – 11:00	Short remarks by: Dr P. Okoth, Naivasha District Hospital Dr Eva Njenga, DMI Centre Dr W. Maina, Head DNCD, Ministry of Health, Kenya Professor Pierre Lefèbvre, Chairman, World Diabetes Foundation
11:00 – 13:00	Meetings with patients, visits to the Ward
13:00 – 14:00	Lunch
14:00 – 16:00	Awareness and screening activities
16:00	Departure from Naivasha District Hospital to Safari Park Hotel The project seeks to improve the understanding of diabetes among health care staff and create public awareness on prevention, control and risk factors The Media participants will be led by Mr Jamal Butt, World Diabetes Foundation and Ms Priya Banerjee, Biosector 2.
19:30	Press dinner and debriefing regarding the initial summit start



Dr Anil Kapur

Dr Anil Kapur MD, is Managing Director of the World Diabetes Foundation. He has been associated with the foundation since its inception, previously serving on its Board as the Vice Chairman. He has previously worked in several capacities for Novo Nordisk. Dr Kapur initially worked as Managing Director of Novo Nordisk India, and later as Vice President of Novo Nordisk Regional office India and Vice President of Novo Nordisk Corporate Stakeholder Relations – Asia. He also set up and served as Managing Trustee of the Novo Nordisk Education Foundation in India. Dr Kapur has specialised in internal medicine. He has written books on diabetes, both for medical professionals and lay people, and has published more than 60 papers in Indian and international journals in the areas of internal medicine, clinical pharmacology and diabetes. Dr Kapur has co-ordinated several large studies – DiabCare Asia India study, Cost of Diabetes Care in India and the National Urban Diabetes Survey – and has developed a nutritional software package called NINA. He has given numerous lectures on diabetes, both in India and abroad as an invited speaker.



Professor Pierre Lefèbvre

Professor Pierre Lefèbvre is Chairman of the Board of Directors of the World Diabetes Foundation. He was President of the IDF in 2003–2006. He is also Emeritus Professor of Medicine at the University of Liège, Belgium, where he has been Chairman of Medicine and Head of the Division of Diabetes, Nutrition and Metabolic Disorders. He has performed numerous studies on the physiology and pathophysiology of metabolic regulations in type 2 diabetes and obesity, with emphasis on insulin, glucagon and physical exercise. Professor Lefèbvre is a member and former President of the Royal Academy of Medicine in Belgium, a member of the National Academy of Medicine in France and of the Academia Europaea. He is also a Fellow of the Royal College of Physicians. He has received numerous international awards, including the Claude Bernard award of the European Association for the Study of Diabetes (EASD), the Paul Langerhans award in Germany and the Mizuno award in Japan. Professor Lefèbvre is Doctor Honoris Causa of seven Universities in Europe and North America.



Dr Eva Wangechi Njenga

Dr Eva Wangechi Njenga is a Consultant Physician and an Endocrinologist at all major hospitals in Nairobi, Kenya. She also works as a Senior Lecturer at the Aga Khan University Hospital in Nairobi. Dr Njenga has established diabetes clinics both at the Aga Khan and Nairobi Hospitals. She has assisted in the establishment of a diabetes clinic at the Chandaria Health Centre, Dagoretti, which has helped to decrease the burden on the diabetic clinic at Kenyatta Hospital. Dr Njenga has also provided expert and special advice in management of patients with diabetes and other endocrine

Speaker profiles

disorders in medical, surgical, obstetrics and gynaecology, paediatric and eye wards. She is a founder member of the Kenya Diabetes Management and Information Centre and a core founder member and Chairman of the Kenya Diabetes Study Group.



Dr David Okello

Dr David Okello is the World Health Organization (WHO) Representative in Kenya. He previously worked as WHO Representative in Swaziland and South Africa. As WHO Representative, his work revolves around working with top Government officials to provide policy advice on matters of health and development, and directing the work of the WHO, including co-ordination of WHO technical support to the country using resources available in the country office and in liaison with the Regional Office and the Global Headquarters. Dr Okello provides leadership and managerial support for the development and implementation of WHO work plans, in close consultation with Government and development partners. He also works closely with the United Nations (UN) Country Team, in his capacity as an UN Head of Agency, to strengthen interactions with Government, Non-governmental Organisations (NGOs) and donors in achieving results for health that is in harmony with the United Nations Development Assistance Framework. Dr Okello has published widely in peer reviewed health journals on a range of subjects in public health, health economics and planning. He has gained a lot of field experience in programmed coordination, inter-agency collaboration, networking, mobilising and monitoring of resource use.



Dr Kaushik Ramaiya

Dr Kaushik Ramaiya is Consultant Physician and Assistant Medical Administrator at Shree Hindu Mandal Hospital, Dar es Salaam, Tanzania, and Honorary Lecturer at the Department of Medicine of Muhimbili University of Health Sciences, Dar es Salaam. He is also Vice President of the IDF and member of the Board of National Health Insurance Fund, Ministry of Health, in the United Republic of Tanzania. Dr Ramaiya has been actively involved in research on diabetes for many years. He has specialised in researching many topics including glucose tolerance and cardiovascular disease risk factors and has mainly focused on Hindu communities living in Africa. Dr Ramaiya has contributed to a better understanding of diabetes in the African region. His research on the role of ethnic differences is of great value. Dr Ramaiya has also carried out investigations on the status of diabetes care in Africa, the economic costs of diabetes and its consequences. He has made many oral presentations and published several articles on the above topics. Dr Ramaiya is Honorary General Secretary for the Association of Private Hospitals in Tanzania and Honorary General Secretary of the Tanzania Diabetes Association. His previous appointments include Secretary of the Organising Committee for the 6th Pan African Diabetes Study Group Congress, held in Dar es Salaam in 1998 and Chairman of the IDF African Region 2000–2006.



If we don't act now, our children will bear the future burden of diabetes

Photography Jesper Westley

The World Diabetes Foundation
is dedicated to supporting the
prevention and treatment of diabetes
in the developing world

The World Diabetes Foundation
creates partnerships and acts as a
catalyst to help others do more

The World Diabetes Foundation
strives to educate and advocate
globally in an effort to create
awareness, care and relief to those
impacted by the disease



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